HSS Appalachian STEM Academy at Oak Ridge Calendar Example								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
						1:00 – 4:00 pm: Arrive at Hotel 6:00: Welcome and dinner at hotel 7:00: Orientation Meeting 8:00: Computer set up 10:00: In rooms		
7:00 am: Continental breakfast 8:30 –11:00: Morning with STEM Activity 11:00: Lunch at hotel 12:00: Depart for MRC 1:00 – 4:00: Mountain Challenge 4:30: Depart for hotel 6:15: Dinner at hotel 7:00: Guest speaker Elizabeth Rose – Professional Storyteller 8:00: Group assignments 9:30: In rooms	7:00 am: C. breakfast 7:45: Depart for 4500N 8:30: Group picture, 4500N 9:00: Welcome and Safety Talk in Weinberg Auditorium 10:30-12:30 ORNL Tours (Graphite & HFIR) 12:30: Lunch at ORNL Cafeteria 12:30 – 3:30: Meet mentors at Auditorium, research group photos; go to lab with research group 3:45: Depart for Walmart 4:15-5:15 Brain Break 5:30: Dinner at hotel 6:45 Depart for Breakout Games Knoxville 7:15 – 8:45: Breakout 8:45 Depart for hotel 9:30: In rooms	6:30 am: C. breakfast 7:00 Headshots 7:30: Depart for ORNL 8:00: Report to research groups 11:00: Report to building 5100, room 128 11:00: Powerful Posters session 11:30: Lunch at ORNL 1:00: Research groups 4:00: Depart for hotel 4:15 – 5:00: Brain Break 5:00 – 6:00: Ignite Training 6:00: Dinner at hotel 6:30 – 7:30: College Talks 8:00-9:30: Group meetings; poster layout 9:30: In rooms	6:30 am: C. breakfast 7:30: Depart for ORNL 8:00: Report to research groups 11:30: Lunch at ORNL 1:00 – 2:00: ORNL Tours (Super Computing & EVEREST) 2:00: Research groups 4:00: Depart for hotel 4:15-5:45 Brain Break 6:00: Dinner at hotel 7:00-9:00: Evening with STEM Activity 9:30: In rooms	6:30 am: C. breakfast 7:30: Depart for ORNL 8:00: Report to research groups 11:30: Lunch at ORNL 12:30: Research groups 4:00: Depart for Y-12 NHC 4:30: Y-12 Preview 4:50 Depart for hotel 5:00 – 6:00: Laundry or group meeting 6:00: Dinner at hotel 7:00 – 8:30: 3D Printing with Bridget 8:30 – 9:30: Laundry or group meeting 9:30: In rooms	7:00 am: C. breakfast 8:00: Group meeting 8:50: Depart for AMSE 9:00- 11:00 AMSE 11:30: Depart for Knoxville 12:00 Lunch at Market Square 1:00-2:30 UT Gardens scavenger hunt 3:00-4:45 Planetarium Tour 5:00: Depart for Knoxville Landing 5:15: Board the Star of Knoxville Riverboat 6:00 – 8:00: Cruise and dinner 8:15: Depart for hotel 9:30: In rooms	7:00 am: C. breakfast 7:30: Depart for Ripley's Aquarium 9:00 – 11:15: Tour RA 11:30- Depart for Sugarlands Visitor Center 11:45: Box lunch at SVC 12:15: Depart for Clingman's Dome with guide 1:15 – 2:30: Walk in the Woods Hike 2:30: Depart for SVC 3:30: Depart for hotel 5:30 – 6:30: In Room Time/ Shower/Nap/Clean rooms 6:30: Dinner at hotel 7:30: Ice Cream Social 8:00: Hotel/swimming 9:30: Cleanliness room check 9:30: In rooms		
7:00 am: C. breakfast 9:00: Depart in coach bus to Pigeon Forge 11:00 – 7:00 Dollywood (Lunch and dinner at Dollywood) 7:30: Depart for hotel 9:30: In rooms	6:30 am: C. breakfast 7:30: Depart for ORNL 8:00: Report to research groups 11:30: Lunch at ORNL 12:30: Research groups 4:00: Depart for hotel 4:15 – 5:30: Brain Break 5:45: Dinner at hotel 6:30 – 8:00: 3D printing 8:00-9:30: Research group meetings to work on posters and presentations 9:30: In rooms	6:30 am: C. breakfast 7:30: Depart for ORNL 8:00: Report to research groups 11:30: Lunch at ORNL 12:30: Research groups 2:00: Depart for NTRC 2:30 – 4:00: ORNL Tours (MDF & NTRC) 4:15: Depart for hotel 4:30-5:00 Brain Break 6:00 Dinner at hotel 7:30-9:30: Research group meeting to work on posters and presentations 9:30: In rooms	6:30 am: C. breakfast 7:30: Depart for ORNL 8:00: Report to research groups 11:30: Lunch at ORNL 12:30: Research groups 4:00: Depart for hotel 4:15 Thank you cards 4:30-6:30: Finalize posters and presentations 6:30: Pizza party at hotel 7:00 RESEARCH POSTER DUE ON FLASHDRIVE! 7:00-9:00: Practice presentations in shifts with RT 9:30: In rooms	6:30 am: C. breakfast 7:30: Depart for ORNL 8:00: Report to research groups 9:30-11:30: ORNL Tours (Environmental Science) 11:30: Lunch at ORNL 12:45: Depart for Y-12 1:00-4:30: Students rehearse presentations in shifts at Y-12 NHC 4:30 – 4:45: Gather items needed for cookout 5:00: Depart for Clark Center Park 6:00: Cookout at park 8:00: Depart for hotel 8:30: Large group meeting 9:30: In rooms and pack luggage	7:00 am: C. breakfast/ load luggage 8:00: Depart for Y-12 8:30: Opening remarks 9:00- Bridge Presentations 9:30-Photos/certificates for Bridge 9:45 – 10:00: Break 10:00: High School Presentations 11:20: Photos/certificates for HSS & HST 11:50: Closing remarks 12:00: Farewell lunch 1:00: Depart for airport or home			