

VSP: Adding VSP LightCare

With VSP LightCare you can use your frame and lens allowance toward ready-made:

Non-prescription blue light filtering glasses

Non-prescription sunglasses

Defend your Eyes Indoors and Out:

Wear blue light filtering glasses indoors to defend against digital eye strain. Digital screens and fluorescent lighting emit blue light that can contribute to headaches, blurred vision, and sore eyes – all possible symptoms of digital eye strain.

Shield your eyes from the sun's ultraviolet rays that can damage your corneas and cause eye-related diseases like cataracts. 100% UVA and UVB protection is the best choice for your sunglasses.

*Register and log in to vsp.com to review your benefit information. If you like shopping online go to eyeconic.com where you can shop in-network with your VSP benefits.